

Silverdale Baptist Academy
Cardiac (Heart) Condition Emergency Care Plan

Parent/Guardian complete and sign the top portion of this form.	
Student:	DOB:
Parent/Guardian:	Cell Phone:
Other Contact:	Phone:
Grade:	Homeroom Teacher:
Heart Doctor: _____ Phone number: _____	

Heart Condition (diagnosis): _____
Other pertinent information: _____

Emergency Plan
If found unconscious/unresponsive without pulse or breaths,
 > **Initiate CPR**
 > **Hook student up to AED**
 > **Call 911**

NEVER SEND A STUDENT WITH CARDIAC SYMPTOMS ANYWHERE ALONE

If you see the following:	What to do:
Dizziness/feeling faint	<ul style="list-style-type: none"> • Have student lie down and elevate legs. • Check heart rate, blood pressure, and oxygen saturation. • Notify parents/guardian. • If symptoms <u>improve</u> (no longer dizzy when sitting up), offer fluids. <p>* If symptoms persist (still dizzy lying down/unable to sit up), call 911.</p>
Palpitations (rapid/irregular heart beat)	<ul style="list-style-type: none"> • Use calming approach • Check heart rate, blood pressure, and oxygen saturation. • Reassure student. • Notify parents/guardian. <p>* If symptoms persist (palpitations continue or worsen), call 911.</p>
Chest pain	<ul style="list-style-type: none"> • Allow student to rest in whatever position is most comfortable (sitting or lying down). • Check heart rate, blood pressure, and oxygen saturation. • Notify parents/guardian. <p>* If severe and having dizziness or shortness of breath associated with chest pain, call 911.</p>
Shortness of Breath	<ul style="list-style-type: none"> • Encourage student to lean slightly forward and breath through pursed lips. • Check heart rate, blood pressure, and oxygen saturation. • Notify parents/guardian. <p>*If symptoms persist or worsening (low oxygen saturation or bluish discoloration), call 911.</p>
Loss of Consciousness	<ul style="list-style-type: none"> • Assess student for breathing and pulse. • If no breathing or pulse, begin CPR, call 911, notify parents/guardian. • If breathing and pulse present but child is unresponsive, call 911, check vital signs, notify parents. • If breathing and pulse present and child regains consciousness, check vital signs. Notify parent of situation and that child must be picked up. Highly recommend further evaluation with heart doctor and/or pediatrician. <p>* If loss of consciousness on campus, student must go home and may not remain at school.</p>

Current Medications

<u>Medications</u>	<u>Dosage</u>	<u>Frequency</u>	<u>For What Signs?</u>

Parent/Guardian Signature: _____	Date: _____
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