

Silverdale Baptist Academy  
Seizure Information and Care Plan

Student: \_\_\_\_\_ DOB: \_\_\_\_\_

Grade: \_\_\_\_\_ Homeroom Teacher: \_\_\_\_\_

Allergies: \_\_\_\_\_

EMERGENCY CONTACTS

<b>Name/Relationship</b>	<b>Cell #</b>	<b>Work #</b>

Type of Seizure: \_\_\_\_\_

What does the seizure look like and how long does it usually last?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Triggers to avoid:

\_\_\_\_\_

\_\_\_\_\_

Are regular medications needed to control the seizures?  No  Yes

<b>Medications</b>	<b>Dosage</b>	<b>Frequency</b>	<b>For What Signs?</b>

Medications needed at school:

<b>Medications</b>	<b>Dosage</b>	<b>Route</b>	<b>Frequency</b>

Is there any additional information we need to know to care for your child?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Silverdale Baptist Academy  
Care Plan for Child Experiencing a Seizure

**TYPE OF SEIZURE**

<b>Generalized Seizure</b>	<b>Small Seizure</b>
<ol style="list-style-type: none"><li>1. If falling, assist student to the floor, turn to side.</li><li>2. Loosen tight clothing around neck.</li><li>3. Place pillow or something soft under head.</li><li>4. Remove eyeglasses.</li><li>5. Time the seizure.</li><li>6. Call parent/guardian.</li><li>7. Call 911 if student meets any of criteria below.</li></ol>	<ol style="list-style-type: none"><li>1. Assist student to comfortable, sitting position.</li><li>2. Time seizure.</li><li>3. Stay with student and speak gently.</li><li>4. Call parent/guardian.</li><li>5. Call 911 if student meets any of criteria below.</li></ol>

**Criteria to CALL 911:**

- Absence of breathing or pulse → Call 911 and begin CPR
- Seizure of 5 minutes or great duration.
- Two or more consecutive seizures.
- Student has never had a seizure before.
- Student is hurt during the seizure.
- Seizure happens in water.
- Student has health condition, like diabetes or heart disease.
- Student does not “wake up” after the movements have stopped.

**DO NOT DO ANY OF THE FOLLOWING DURING A SEIZURE:**

- Restrain or insert anything into student’s mouth while student is experiencing seizure
- Do not give mouth-to-mouth resuscitation until seizure is over
- Do not give food or water until student is fully alert

**When seizure has ended:**

1. Reorient student and tell him/her what happened in simple terms.
  - a. Assist student into clean clothing if necessary.
  - b. Allow student to sleep, as desired, after seizure.
2. A student recovering from a generalized seizure may manifest abnormal behavior such as incoherent speech, extreme restlessness, and confusion. This may last from 5 minutes to hours.
3. Inform parent/guardian immediately of seizure:
  - a. Length of time of the seizure
  - b. State of student (ie, drowsy, alert, restless, confused, etc.)
4. Record medical event in RenWeb Medical.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_